COX MORGAN OVERLAND
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CHECKLIST

Pre-Trip Risk Conversation Checklist

- [ ] Ask each person to name their specific worries, not just vague unease
- [ ] Separate risks that preparation reduces from those beyond control
- [ ] Identify non-negotiable conditions for both people before discussing compromises
- [ ] Walk through a worst-case scenario together and agree on the steps
- [ ] Test boundaries on a shorter trip before committing to a long expedition
- [ ] Build skills together so both people can navigate, recover and maintain the vehicle
- [ ] Agree on what "I need to stop" means and how it will be acted on
- [ ] Plan bailout points or alternative routes that respect both comfort levels